

## Speaker Biographies

*Mary R. Grealy*

*President*

### **Healthcare Leadership Council**

Mary R. Grealy is president of the Healthcare Leadership Council, a coalition of chief executives of the nation's leading healthcare companies and organizations. HLC advocates consumer-centered healthcare reform, emphasizing the value of private sector innovation. It is the only health policy advocacy group that represents all sectors of the healthcare industry. She was appointed to the position in August 1999. Ms. Grealy has an extensive background in healthcare policy. She has led important initiatives on the uninsured, improving patient safety and quality, protecting the privacy of patient medical information, and reforming the medical liability laws. She testifies regularly before Congress and federal regulatory agencies. She is a frequent public speaker on health issues and has been ranked many times by Modern Healthcare as one of the 100 Most Powerful People in Healthcare and has been named to Modern Healthcare's list of the Top 25 Women in Healthcare for 2009.

*Joel T. Allison, FACHE*

*President and CEO*

### **Baylor Health Care System**

Joel T. Allison is president and CEO of Baylor Health Care System, a faith-based supporting organization headquartered in Dallas providing services to a network of acute care hospitals and related health care entities that provide patient care, medical education, research and community service. His primary responsibility is to help Baylor attain its vision "to be trusted as the best place to give and receive safe, compassionate, quality health care". Mr. Allison's career includes more than three decades in health care management. He joined Baylor Health Care System in 1993 and served as Baylor's senior executive vice president and chief operating officer before being promoted to president and CEO in 2000. Mr. Allison is a Fellow of the American College of Healthcare Executives. Nationally, he serves on the Healthcare Leadership Council, the United Surgical Partners, International board and the Board of Commissioners for the Joint Commission. He has recently been appointed by Governor Rick Perry to serve on the Texas Institute of Health Care Quality and Efficiency Board and is involved in many other state and local organizations. Mr. Allison has received numerous recognitions during his career for his outstanding leadership and commitment to the healthcare field. Mr. Allison received a bachelor's degree in journalism and religion from Baylor University in 1970 and a master's degree in health care administration from Trinity University in 1973. He is also a graduate of the Advanced Management Program at Harvard Business School. Today, through his leadership role with BHCS, Mr. Allison continues to fulfill his life-long mission to help lead an organization that combines ministry and health care in its mission statement and day-to-day operations.

*Michael F. Roizen, M.D.*  
*Chief Wellness Officer*  
**Cleveland Clinic**

Michael Roizen, MD, is a Phi Beta Kappa graduate of Williams College and Alpha Omega Alpha graduate of the University of California, San Francisco, School of Medicine. He performed his residency in internal medicine at Harvard's Beth Israel Hospital and completed Public Health Service at the National Institutes of Health in the laboratory of Irv Kopin and Nobel Prize winner Julius Axelrod. He is certified by both the American Boards of Internal Medicine and of Anesthesiology. Dr. Roizen is the Cofounder and Chair of the RealAge, Inc., Scientific Advisory Board. Dr. Roizen is a Past Chair of a Food and Drug Administration advisory committee and a former editor for six medical journals. He has published more than 165 peer-reviewed scientific papers, 100 textbook chapters, 30 editorials, and four medical books (one, a medical best-seller), and received 13 U.S. and many foreign patents. He is one of the cofounders of the website RealAge.com, recently sold to the Hearst Corp., and still chairs its Scientific Advisory Board. In 2007, Dr. Roizen was named Chief Wellness Officer at Cleveland Clinic, the first such position in a major healthcare institution in the United States. Dr. Roizen also serves as Chairman of the Wellness Institute at Cleveland Clinic.

*Donald Hensrud, M.D.*  
*Chair of the Division of Preventive, Occupational and Aerospace Medicine*  
**Mayo Clinic**

Donald D. Hensrud, M.D., is chair of the Division of Preventive, Occupational, and Aerospace Medicine and an Associate Professor of Preventive Medicine and Nutrition at Mayo Clinic College of Medicine. He was medical director of the Mayo Clinic Executive Health Program for over 10 years, and is medical director of the Mayo Clinic Health Living Program. Dr. Hensrud is a past President of the American Board of Physician Nutrition Specialists and served as a consultant to the National Board of Medical Examiners. He is the author of over 70 scientific articles and book chapters. Dr. Hensrud was co-editor of the medical text *Clinic Preventive Medicine*, a premiere reference in the field of preventive medicine. Dr. Hensrud has contributed to lay education as editor of *The New Mayo Clinic Cookbook*, which won a 2005 James Beard Foundation Award, *The Mayo Clinic Plan: 10 Essential Steps to a Better Body and Healthier Life*, and the #1 New York Times bestseller, *The Mayo Clinic Diet*. He wrote a monthly health column for *Fortune* magazine for over three years and has appeared on *The Today Show*, *The Early Show*, *Good Morning America Health*, *The Martha Stewart Show*, *Dr. Oz*, and news programs from all the major networks. Dr. Hensrud received his B.S. from the University of North Dakota, M.D. degree from the University of Hawaii, M.P.H. from the University of Minnesota, and M.S. in nutrition from the University of Alabama at Birmingham. He completed residency training in Internal Medicine and fellowship training in Preventive Medicine at Mayo Clinic, and completed a Clinical Nutrition fellowship at the University of Alabama at Birmingham.