



JUMPSTART THE HEART

Speaker Biographies

Mary R. Grealy
President
Healthcare Leadership Council

Mary R. Grealy is president of the Healthcare Leadership Council, a coalition of chief executives of the nation's leading healthcare companies and organizations. HLC advocates consumer-centered healthcare reform, emphasizing the value of private sector innovation. It is the only health policy advocacy group that represents all sectors of the healthcare industry. She was appointed to the position in August 1999. Ms. Grealy has an extensive background in healthcare policy. She has led important initiatives on the uninsured, improving patient safety and quality, protecting the privacy of patient medical information, and reforming the medical liability laws. She testifies regularly before Congress and federal regulatory agencies. She is a frequent public speaker on health issues and has been ranked many times by Modern Healthcare as one of the 100 Most Powerful People in Healthcare and has been named to Modern Healthcare's list of the Top 25 Women in Healthcare for 2009.

Robert Hilkert, M.D.
Medical Unit Head Critical Care, Cardiology/Respiratory Medical Unit
Novartis

Dr. Robert Hilkert is a board certified cardiologist and presently serves as the Vice President and Head for the newly formed Cardiovascular/Respiratory Medical Unit, Novartis Pharmaceuticals Corporation (General Medicines Division). He joined Novartis in 2007 as a Medical Director in the USCDMA division focusing on the hypertension franchise. Since that time he has performed numerous roles of increasing responsibility within Novartis Medical Affairs. Prior to joining Novartis, Bob worked in the cardiovascular division of Pfizer Pharmaceuticals. His roles at Pfizer included Medical Director for Torcetrapib® and Lipitor® as well as serving as a Director in the Regional Medical and Research Scientists (RMRS) Division. Bob joined Pfizer after serving 10 years as a member of the faculty at UMDNJ Robert Wood Medical School, Division of Cardiology as Associate Professor of Medicine. In the UMDNJ-RWJMS cardiology division, he served in the roles of Director of the Congestive Heart Failure Program, Associate Program Director of the Cardiovascular Diseases Fellowship Program and Director of Cardiology Education. Dr. Hilkert is board certified in internal medicine and cardiovascular diseases and is a Fellow of the American College of Cardiology and a Fellow of the American Heart Association. He began his medical education at Medical College of Ohio, where he received his MD degree in 1985. He received his internal medicine training at the University of Pittsburgh and Cardiology Research and Clinical Cardiology training at Massachusetts General Hospital and Boston University. He is a

member and serves on the board of several professional organizations including the American Heart Association, the American Society of Echocardiography, the American College of Cardiology and the National Lipid Association. He has lectured throughout New York, New Jersey, and Connecticut and his expertise has led to several research grants from the National Institutes of Health and the American Heart Association.

Karen Babos, D.O., MBA
VP, Clinical Programs and Quality
Walgreens

Karen Babos, D.O., M.B.A. is the Vice President of Clinical Programs and Quality for Walgreens, reporting to Walgreens' Chief Medical Officer. Her team works with business units across Walgreens to create or improve clinical programs, health-related education and customer/patient experiences. Dr. Babos leads the Patient Safety Organization and her team works to promote quality improvement throughout the enterprise.

Dr. Babos is triple-board certified in internal medicine, geriatric medicine and hospice and palliative care and, until recently, maintained a part-time medical practice as a palliative care consultant. She received her Master's of Business Administration, with distinction, from Keller Graduate School in Chicago, Illinois. Dr. Babos has served as the Chair for Geriatric Medicine for Advocate Christ Hospital and MacNeal Hospital in Chicago and served on the board of directors for Aging Options (Suburban Cook County Agency on Aging) and continues to be an advocate for vulnerable patients and older adults.

After running successful geriatric, home visit and hospice programs, Dr. Babos then diversified into the business side of medicine as well. For several years she was the Vice President of Medical Affairs and National Medical Director for HCR ManorCare, a leading provider of subacute and long-term care services. She worked for UnitedHealth Group for 13 years, starting as a UnitedHealthcare state medical director, moving to regional and national positions. She held multiple leadership positions within the OptumHealth division of UnitedHealth Group, including Chief Medical Officer (CMO) for Complex Medical Conditions and overall CMO for OptumHealth. She has led or participated in accreditation efforts with Joint Commission, NCQA, URAC and ISO 9001. Dr. Babos has also managed case and disease management operations for the complex condition area and the St. Louis case management site (300+ RNs), including leading change management campaigns. More recently Dr. Babos joined a start-up business to provide services in the home and prevent hospitalizations. That business was purchased by Cigna where Dr. Babos became CMO for the Aegis, division where she led about 75 physicians and nurse practitioners to manage the highest risk patients in their homes.

Currently Dr. Babos is leading a seasoned team of clinicians who add value to Walgreens services, products and programs, improve quality of care for consumers and

work toward meeting Walgreens Boots Alliance purpose to help people across the world lead healthier and happier lives.

Kristin S. Vickers Douglas, Ph.D., L.P.
Professor of Psychology
Mayo Clinic

Kristin S. Vickers Douglas, Ph.D. is a Professor of Psychology with specialty board certification in Clinical Health Psychology at Mayo Clinic Rochester. She has delivered psychological treatment in the primary care setting for over 15 years. She is currently Chair of Education for the Department of Psychiatry and Psychology and is program director for the Medical Psychology Fellowship Program. She directs the Mayo Clinic Patient Education Research Program and is Medical Director of the Mayo Clinic Healthy Living Coaching Program. The overarching goal of her research, clinical, and educational roles is to advance the science and practice of health behavior interventions and patient self-management of chronic conditions. She is a nationally recognized expert in training clinicians, coaches, and educators in communication strategies to enhance patient engagement, motivation, and behavior change. Dr. Vickers Douglas has been awarded extramural funds for behavior change research, and has over 80 publications in peer-reviewed journals. She has been recognized at Mayo Clinic with awards for teaching, distinguished service, and distinguished clinical care.