



Feeling *and Thinking* Better

Uncovering the Hidden Cost of Depression and Shifting the Treatment Paradigm

Among the 14 million adults suffering from depression, 9 out of 10 have trouble concentrating – and this problem is often overlooked. Learn how a recent FDA decision could reduce medical costs and boost productivity among this population.

Speaker Biographies

Mary R. Grealy
President
Healthcare Leadership Council

Mary R. Grealy is president of the Healthcare Leadership Council, a coalition of chief executives of the nation's leading healthcare companies and organizations. HLC advocates consumer-centered healthcare reform, emphasizing the value of private sector innovation. It is the only health policy advocacy group that represents all sectors of the healthcare industry. She was appointed to the position in August 1999. Ms. Grealy has an extensive background in healthcare policy. She has led important initiatives on the uninsured, improving patient safety and quality, protecting the privacy of patient medical information, and reforming the medical liability laws. She testifies regularly before Congress and federal regulatory agencies. She is a frequent public speaker on health issues and has been ranked many times by Modern Healthcare as one of the 100 Most Powerful People in Healthcare and has been named to Modern Healthcare's list of the Top 25 Women in Healthcare for 2009.

Gregory W. Mattingly, MD
Associate Clinical Professor, Washington University School of Medicine
President, Midwest Research Group\ St. Charles Psychiatric Associates

Gregory W. Mattingly, MD is an Associate Clinical Professor and Psychopharmacology Instructor at the Washington University School of Medicine in St. Louis and is also the President of the Midwest Research Group.

Dr. Mattingly earned his undergraduate degree in chemical engineering and completed his medical degree at the Washington University School of Medicine in St. Louis where

he received a Fulbright Scholarship. Board certified in psychiatry with a subspecialty in adolescent psychiatry. Dr Mattingly serves on the board of directors for APSARD, the American Professional Society for ADHD and Related Disorders. Dr Mattingly has received numerous awards and distinctions including the Academy of Child and Adolescent Psychiatry National Leadership Award, the Upjohn Neuropsychiatry Research Award, and the Southern Psychiatric Association Research Award.

Dr. Mattingly has been a principal investigator in more than two hundred clinical trials, as well as an invited presenter at numerous medical conferences, both nationally and internationally. Dr. Mattingly's work has been published in *The Journal of Neuropsychiatry and Clinical Neurosciences*, *The Journal of Clinical Psychiatry*, *The Journal of the American Academy of Child and Adolescent Psychiatry*, *Current Psychiatry*, *CNS Spectrums* and *Postgraduate Medicine*.

Alice Medalia, PhD

**Clinical Director of Cognitive Health Services, NY State Office of Mental Health
Professor of Medical Psychology, Columbia University Medical Center**

Dr. Medalia received her BS from Tufts University (1976) and PhD in Clinical Psychology and Neuropsychology from City University of New York (1982). From 1983-2006 she served on the faculty of Albert Einstein College of Medicine, rising from Instructor to Professor in the Departments of Psychiatry and Neurology. During this time, she also served as Director of Neuropsychology at Montefiore Medical Center. In 2007 she moved to Columbia University Medical Center, where she is a Professor and Director of Psychiatric Rehabilitation Services in the Department of Psychiatry. At Columbia she established the Lieber Recovery and Rehabilitation Clinic, a comprehensive psychiatric rehabilitation program for individuals with persistent mental illness. Dr. Medalia has been instrumental in raising awareness about the need to address cognition as a central aspect of health related to functional outcome. In 2015 she became Clinical Director of Cognitive Health Services for the New York State Office of Mental Health. In this capacity, she oversees the dissemination of treatments to improve cognition for over 700,000 children and adults being treated in inpatient, outpatient and forensic centers. Dr. Medalia is a NIMH funded researcher, prolific author and the recipient of the Connie Lieber Research Award, the Elizabeth Hurlock Beckman Award for inspirational teaching, the 2012 Brain Behavior Research Foundation Productive Lives Award, and 2015 National Council of Behavioral Health Lifetime Achievement Award.

Dr. Medalia has primary research interests in treating cognition, improving motivation, and facilitating recovery among people with mental illness. She was the first person to identify the role of intrinsic motivation in neuroplasticity based cognitive training for people with psychiatric disorders. Medalia identified the need for the treatment of cognition to move beyond theories of neuroplasticity, to embrace an understanding of how people learn. She developed the widely used Neuropsychological & Educational Approach to Remediation (NEAR) model of cognitive remediation, which has been disseminated worldwide.

Dr. Medalia brought the concept of Cognitive Health to the field of Psychiatry. Traditionally cognitive health has been seen as relevant only to older individuals, but Medalia has advocated that it be considered a central aspect of health for all individuals. With the website www.teachrecovery.com, annual conference, www.cognitive-remediation.org, publications and lectures Dr. Medalia has been instrumental in creating awareness about how psychiatric illnesses impact cognition, and the ways cognitive health can be addressed to improve functional outcome.

**Kimberly Hauge, PHR, SHRM-CP, CWWPM
Manager, University Wellness & Health Promotion
Kent State University**

Kimberly Hauge is Manager for University Wellness and Health Promotion at Kent State University. Kent State University has more than 41,000 students enrolled in an eight-campus system, 6,800 full and part-time faculty and staff, and is recognized by *The Chronicle of Higher Education* as a “Great College to Work For.”

Kim received her M.Ed from Kent State University and is currently working on her PhD in Public Health. Kim has worked at Kent State for the past 15 years in benefits administration, communication and project management before taking on her current position in 2015. Kim is certified by the Society for Human Resource Management as a Professional in Human Resources and by the National Wellness Institute as a Certified Workplace Wellness Program Manager.