Who We Are & What We Do

The scope of mental health and substance abuse is a much bigger issue than many think, and this issue will challenge our health care delivery system in even greater ways in the years to come.

Behavioral healthcare accounts for approximately 20% of our country’s total healthcare spend. Such high costs are most often the result of misclassification of claims, inappropriate emergency room use, psychotropic drug mismanagement, inappropriate primary care utilization and the high cost of comorbid diseases.

The **ValueOptions® Solution**
ValueOptions® is a health improvement company that serves more than 32 million individuals. On behalf of employers, health plans and government agencies, we manage innovative programs and solutions that directly address the challenges our health care system faces today. A national leader in the fields of mental and emotional wellbeing, recovery and resilience, employee assistance, and wellness, ValueOptions helps people make the difficult life changes needed to be healthier and more productive. With offices nationwide and a network of more than 130,000 provider locations, ValueOptions helps people take important steps in the right direction. We help them live their lives to the fullest potential.

**Mental Health and Substance Abuse (MHSA) Management**
- Medicaid/public assistance programs across the nation covering more than 6.5 million lives, including 1 million dual eligibles
- Comorbidity expertise
- 25.1 million MHSA lives
- Unrivalled experience with returning warriors
- Autism spectrum disorder specialization
- Recovery and resiliency thought leadership

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**Medicaid eligibility is expected to increase by 14.9 million people as a result of the Affordable Care Act’s coverage-related expansions, 60% of the new Medicaid members will have a diagnosable mental health disorder; and 83% will have three or more chronic health conditions.**
Employee Assistance
- 13.2 million global EAP lives
- Industry-best utilization and member satisfaction
- Robust outcomes analysis and reporting
- Identity-based services
- High-impact management training
- Best-in-class benefit promotion
- Proven improvement in wellbeing, productivity and proven reduction in absenteeism

Health and Wellness
- Results-oriented wellness services
  - Screenings and assessments
  - Tobacco cessation
  - Life Coaching
  - Condition Coaching
- Supported by an industry-unique member engagement platform
- Vendor-agnostic data integration
- Behavior change and health engagement specialists
- Industry-best incentive and challenge management technology to drive results
- Detailed reporting and data analysis

16 million uninsured people will join health insurance exchanges. Many are single adults with prevalently high rates of unemployment, serious mental illness and/or substance addiction.

Behavioral health issues continue to diminish workplace productivity while leading to increased physical health costs.

A Legacy Of Results
ValueOptions is the undisputed leader in helping people lead healthier lives by addressing the thoughts, feelings and behaviors central to good health and/or recovery. We are the preferred partner for making quality care affordable and accessible.

In addition to providing services across every type of employer organization and government entity, we influence industry and national policies and strategies through meaningful involvement in organizations such as the National Alliance on Mental Illness (NAMI), Employee Assistance Society of North America (EASNA), The National Business Group on Health, and Institute for Health and Productivity management as well as through program and policy advocacy.