Baylor Health Care System wellness focus has three audiences:

• Employees
• Patients
• Communities we serve
Bringing Wellness to the Community

Diabetes Health and Wellness Institute (DHWI)

An example of a new model of care for the future

**Mission:** To improve the care and save lives of people with diabetes by creating a new care model focused on health care, education and research in Southern Dallas
• Key Factors:
  • Public and private partnership between the City of Dallas and Baylor Health Care System
  • Integration of social, cultural, medical, and economic initiatives
  • Innovative approaches to care of diabetes and other related conditions
  • Incorporation of community-based, multi-disciplinary research to understand the needs of the community
  • Create key external partnerships

DHWI executes on five key dimensions in South Dallas:

1. Community trust & commitment
2. Operational excellence
3. Partnerships
4. Stakeholder alignment
5. Resources & funding

Five key dimensions are based on best practices from benchmarks and stakeholder interviews.
DHWI Market Demographics

- Male: 54%
- Female: 46%
- African American: 84%
- Hispanic: 1%
- White: 1%
- Other: 1%
- Avg. Per Capita Income: $30,000

Statistics To-date

- Members – 2,789
- Employees – 23 FTEs
- Clinic visits – 2010 (109); 2011 (1409); 2012 (1682)
- Cooking class participants – 1,221 visits
- Fitness Center visits – 6,937
- Farm stand – 2,397 visits
- One-on-one counseling w/health partner or diabetes educator
- Dedicated physician on-site
Defining Success

Outcomes

• Improve health status by incorporating healthy behaviors that are measured over time - 7 key behaviors
• Decrease Morbidity and Mortality
  • Decrease complications: heart events, kidney failure, blindness, nerve disease
    • Measuring key clinical outcomes
    • Measuring key behavioral outcomes: AADE 7 key self-care behaviors
• Decrease length of stay for hospital admissions for the residents in South Dallas
• Decrease ED visits for the residents of Southern Dallas

Copyright © 2011 Baylor Health Care System. All Rights Reserved.

*addendum

DHWI Participants Before & After Enrollment

2010 Emergency Department Visits

n=177

ED Visits 2010

Before Enrollment  After Enrollment
Summary

• Community-level, collaborative, long-term project aimed at decreasing disparities in health care access and delivery while improving health outcomes within the Southern Sector of Dallas.

• “Center of Excellence” concept
  • Diabetes focus
  • Linking primary, secondary and tertiary prevention methods

Making Change Happen

“Each person has an emotional and rational side. You’ve got to reach both and clear the way for them to succeed.”