There are many symptoms of Major Depressive Disorder (MDD).

Because one symptom would be lonely without the others.

DEPRESSION SYMPTOMS INCLUDE:
- feeling sad
- losing interest
- sleeping too much or too little
- tired
- restless or moving slowly
- can’t focus
- big change in weight or appetite
- guilty feelings
- thoughts of suicide

Lighter Blue

For more information on Blue, our depressed character, go to lighterblue.com.

And find Blue on Facebook, at Facebook.com/LighterBluePage.