

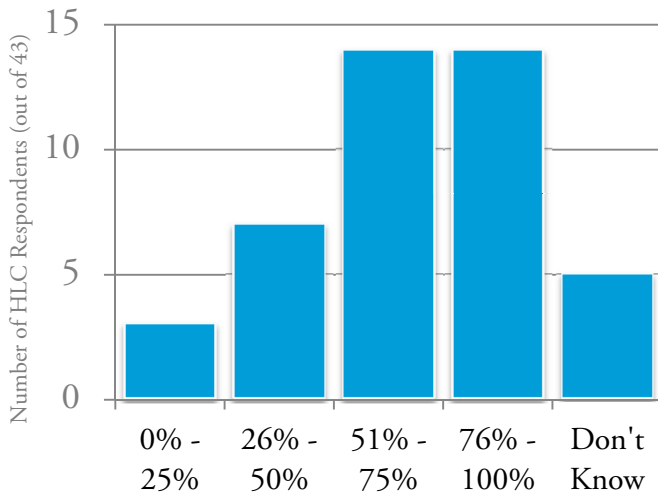
Healthcare Leadership Council

Employer Wellness Survey

SUMMARY OF RESULTS

HIGH PARTICIPATION

Approximate Percentage of Employees that Utilize Wellness Benefits as Part of the Employee Health Plan



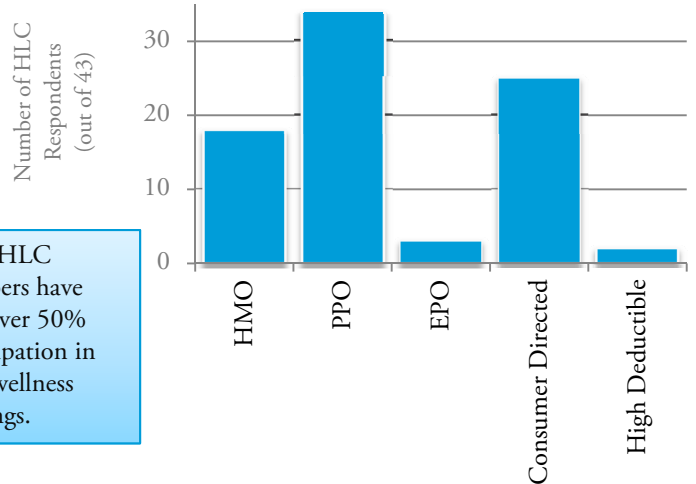
HLC organizations have seen best practices pay off with increased employee engagement in wellness programs.

Most HLC members have seen over 50% participation in their wellness offerings.

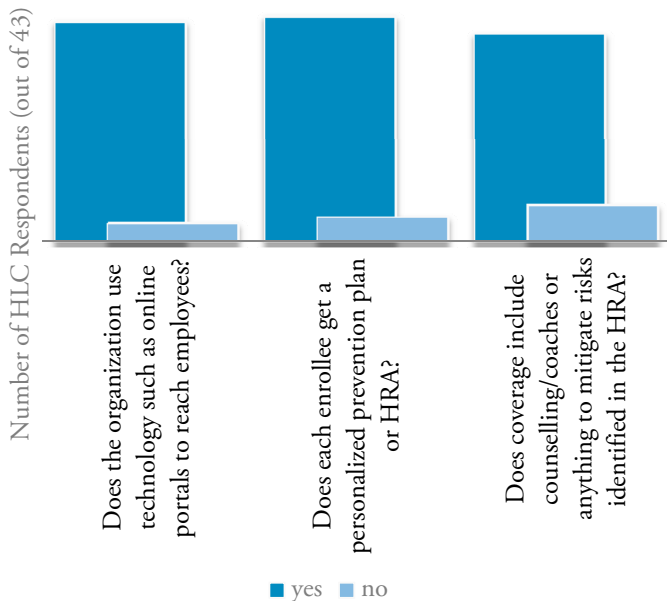
The Healthcare Leadership Council (HLC) is an alliance of chief executives of the nation's leading healthcare companies and organizations. This survey documents the wellness initiatives that they are offering their employees and demonstrates the leadership role HLC companies have taken to create a healthier population. 99% of HLC members responded—43 members representing all sectors of American healthcare—providers, manufacturers, distributors, and retail.

By completing this survey, HLC companies have provided a roadmap of best practices for all types of organizations in all sectors to strive for.

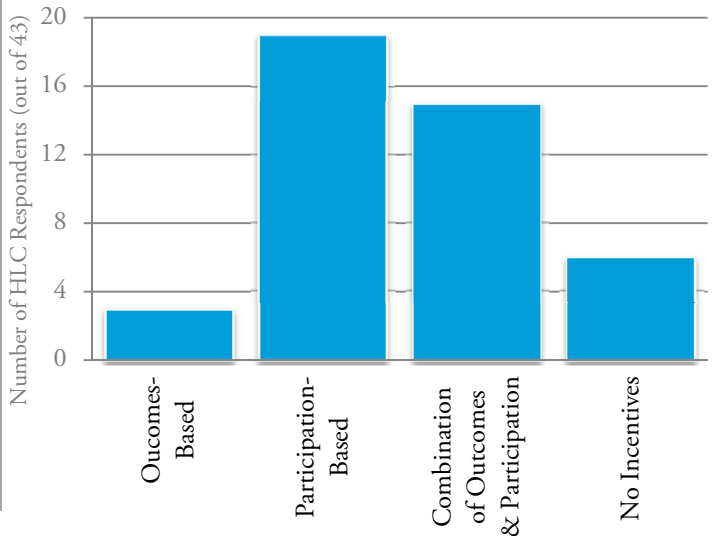
HEALTH PLAN DESIGN



TECHNOLOGY USE

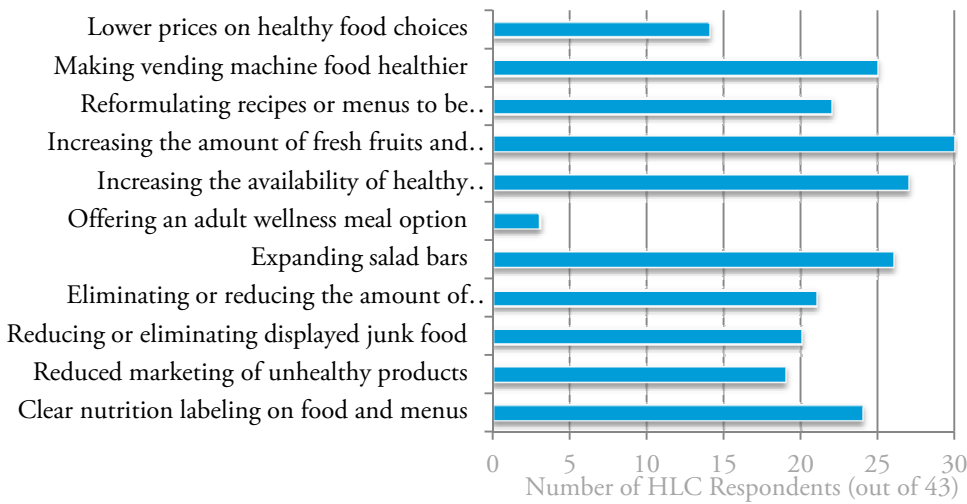


INCENTIVES

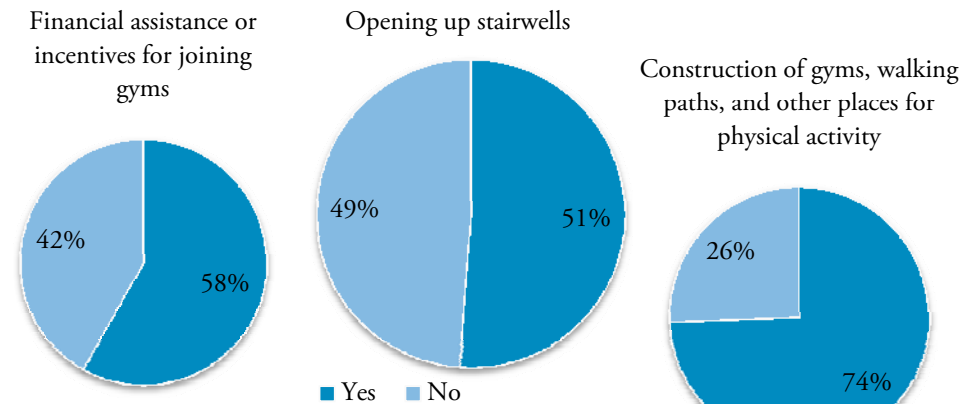


HEALTH LEADERSHIP MAKING A DIFFERENCE!

IMPROVING NUTRITION



INCREASING PHYSICAL ACTIVITY



Many HLC members also reported sponsoring fitness competitions to encourage employees to get active.

HLC MEMBER BEST PRACTICES

- CEO-level engagement and support;
- Making healthy food options the easier option;
- Encouraging physical activity; and
- Enabling employees to take greater responsibility for their health behaviors through increased engagement and access to tools, support, and information.

BUILDING A CULTURE THAT'S WELL

These interventions impact millions of lives. 38 respondents are large employers (500+) and all have multiple facilities.

91% of HLC members have instituted changes to promote wellness in all their locations, not just headquarters.

91% of HLC members have a designated person to promote wellness in their organization.

77% of HLC members evaluate the financial impact of wellness programs and initiatives.



About the Survey

The survey was distributed in the summer and fall of 2012.

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