Focusing on Life Quality

Speaker Biographies

Varun Choudhary, M.D.
Senior Vice President and Chief Medical Officer
Magellan Health

Varun Choudhary, MD, MA, DFAPA is a Board-Certified Forensic Psychiatrist and the Senior Vice President, Chief Medical Officer for Magellan Health. Dr. Choudhary has worked in the behavioral health industry for over 16 years providing care to patients in the public sector, correctional arena, private practice, and community-based settings. He has been a consultant to the Medicaid Fraud Control Unit in Virginia in the past and is currently the Governor appointed Psychiatrist to the state Behavioral Health & Disability Board for the Commonwealth. He began his managed care career with Magellan in 2014 as the Medical Director of Magellan of Virginia. Dr. Choudhary is active in policy, legislation, and behavioral health advocacy. He is the current President of the Medical Society of Virginia Foundation as well as a Board member for the Psychiatric Society of Virginia and Medical Society of Virginia.

Michael E. Griffin
Vice President of Advocacy and Public Policy
AdventHealth

Michael Griffin is the Vice President of Advocacy and Public Policy, providing Advocacy leadership to AdventHealth. The AdventHealth system includes 50 hospital facilities located across nine states and serves more than five million patients every year.

Mike received his bachelor’s degree in Journalism with a Political Science minor at the University of Central Florida. He joined AdventHealth (formerly Florida Hospital/Adventist Health System) in 2014 from the Walt Disney Parks and Resorts where he served as Vice President of Communications and Vice President of International Communication Strategies. Prior to his role at Disney, he served for 25 years at the Orlando Sentinel covering state and federal government, social services, organized crime and holding several leadership positions including Political Editor, City Editor and Deputy Editorial Page Editor. Mike brings significant experience in the areas of Community Relations, Communications and Government Relations.
John Lumpkin, MD, MPH, FACEP, FACME, FAAN  
President, Blue Cross Blue Shield of North Carolina Foundation  
Vice-President of Drivers of Health Strategy, Blue Cross NC

Dr. Lumpkin earned his MD and BMS degrees from Northwestern University Medical School and his MPH from the University of Illinois School of Public Health. He was the first African-American trained in emergency medicine in the country after completing his residency at the University of Chicago. He has served on the faculty of the University of Chicago, Northwestern University, and University of Illinois at Chicago.

Dr. Lumpkin has an impressive career in the health care system – from practicing emergency medicine and teaching medical students, to leading improvements to programs dealing with emergency and bioterrorism preparedness, infectious disease prevention and control, immunization, supporting local health departments, reducing childhood obesity, and more.

The Blue Cross NC Drivers of Health Strategy team partners with, supports and invests in communities across NC to achieve the highest level of health for all people.

Ivana Rubino, Ph.D.  
Vice President, Global and US Alzheimer’s Disease Medical  
Biogen

Ivana Rubino is the Vice President, Global and US Alzheimer’s Disease Medical at Biogen. A born and bred Italian, Ivana has spent many years working in the Alzheimer’s field to advance the science and the clinical practice to optimize the management of people living with this devastating disease. She is a member of multiple pre-competitive initiatives. Ivana holds a double Master’s Degree in Molecular Biology and Genetics and a PhD in Immunogenetics.